

Bulletin of Clinical Acupuncture®

A Compendium of Clinical Methods

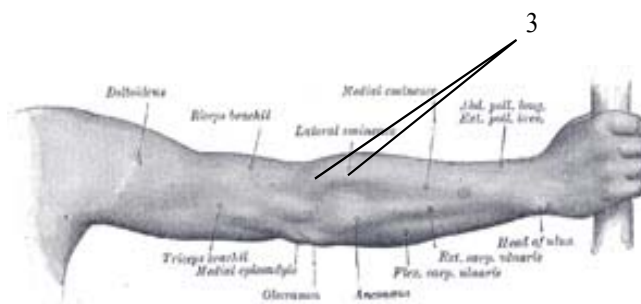
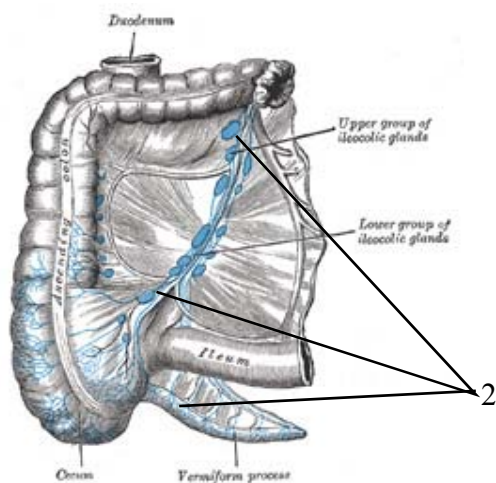
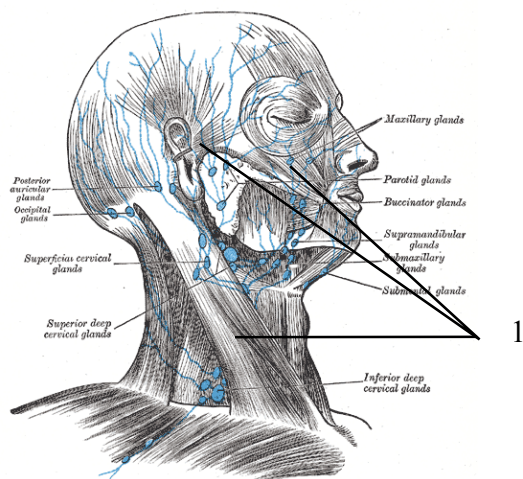
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Immune Status ~ the Yang Ming Connection

Q. What do the following disparate structures have in common?

- 1 Lymphatic chain along the track of ST 1 to 8 and along ST 9 on the sternomastoid muscle
- 2 The prominent collection of lymphatic tissue at the ileocecal junction where the appendix forms a third
- 3 And the points TW 17 in the neck, and LI 10 and 11 in forearm?

[Please see like numerals in images for orientation]



Answer:

All are connected to the Stomach portion of Earth and the Large Intestine portion of Metal.

This connection is reinforced by the fact that Earth is Mother of Metal, and that both Stomach and Large Intestine channels together make up the Yang Ming pair of the Six Paired vessels.

How can one use this to therapeutic effect?

An obvious use in to support the immune system:

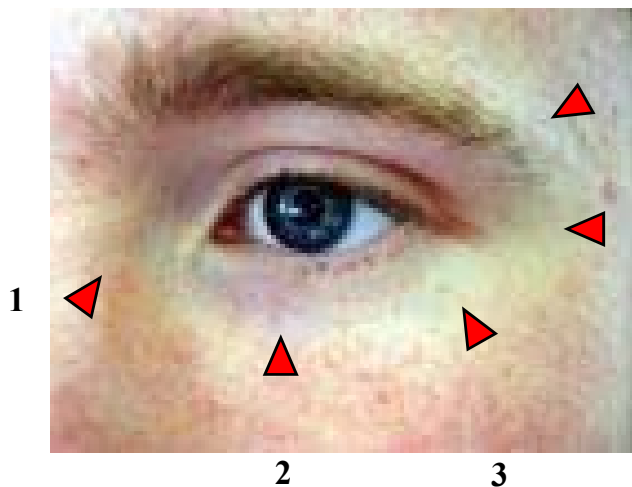
- Step 1. Check for tenderness at TW 17
- Step 2. Reduce that by needling LI 10 & 11
- Step 3. Use Japanese # 2 very thin small needles
- Step 4. Make shallow 0.2 mm insertions
- Step 5. Keep in for 20 minutes stimulating twice
- Step 6. If some tenderness at TW 17 add thread moxa

Rationale

Acu points LI 10 & 11 when harmonized will bring about balance in Yang Ming inclusive of the lymphatics connected with these vessels and organs.

One picture ~ a provisional diagnosis

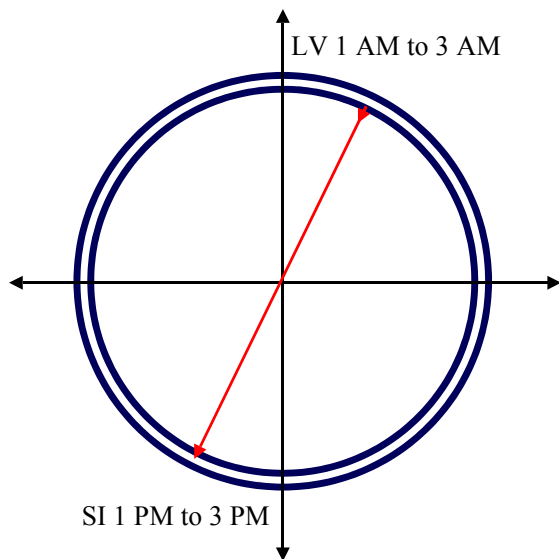
The face registers differing hues in different illnesses and knowing of these can help significantly in evolving, sustaining, or confirming a diagnosis. Here is an example of a man with a tell tale greenish hue which is well marked. In general it signifies a problem on Wood. However with expert differentiation a much more detailed refinement to a diagnosis can be evolved.



- ♦ If hue is well marked at 1 Fire is involved *because SI channel drains into UB at this location*
- ♦ If hue is well marked at 2 ST is involved *because the ST channel begins here*
- ♦ If hue is well marked at 3, GB-ST are involved *because area is between the two*
- ♦ If hue is marked at 4 GB is clearly involved *because the channel begins there at GB 1*
- ♦ If hue is well marked at 5 the Warmers are involved *because channel ends there*

Midday Midnight Circle ~ how to work with it

Qi flows through 12 sectors placed very much like the hours on the face of a clock. This placement can be used clinically by a simple technique, to heal disharmony in elements placed exactly opposite each other.



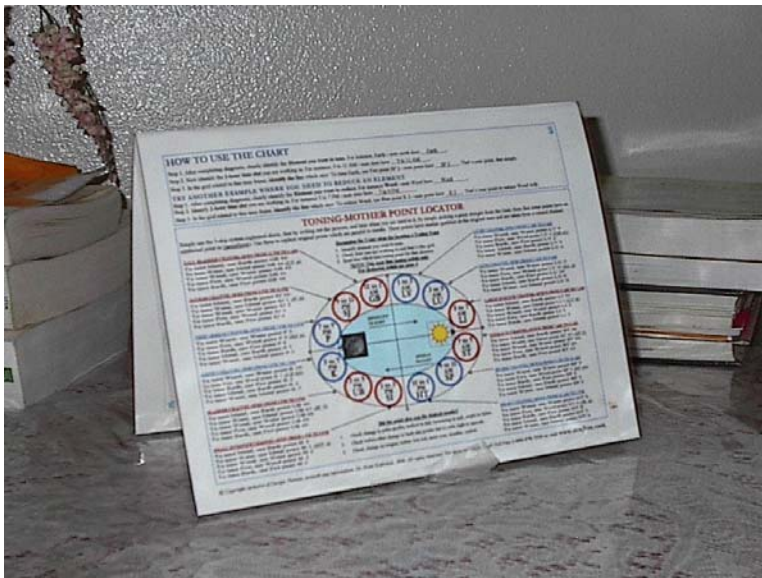
Problem: Mother LV does not nourish Child Fire, which in practice usually translates to a LV yin Blood deficiency that impoverishes HT & SI, which in turn also run deficient.

Step 1. On LV channel, place needle in Fire point LV 2.
 Step 2. On SI channel, place needle in Wood point SI 3.
 Step 3. Needle depth about 0.2 mm in any direction.
 Step 4. Leave needles for 20 minutes, no stimulating.
 Step 5. After 20 m remove, plug puncture holes.

Result: Mother LV & Child SI are in harmony

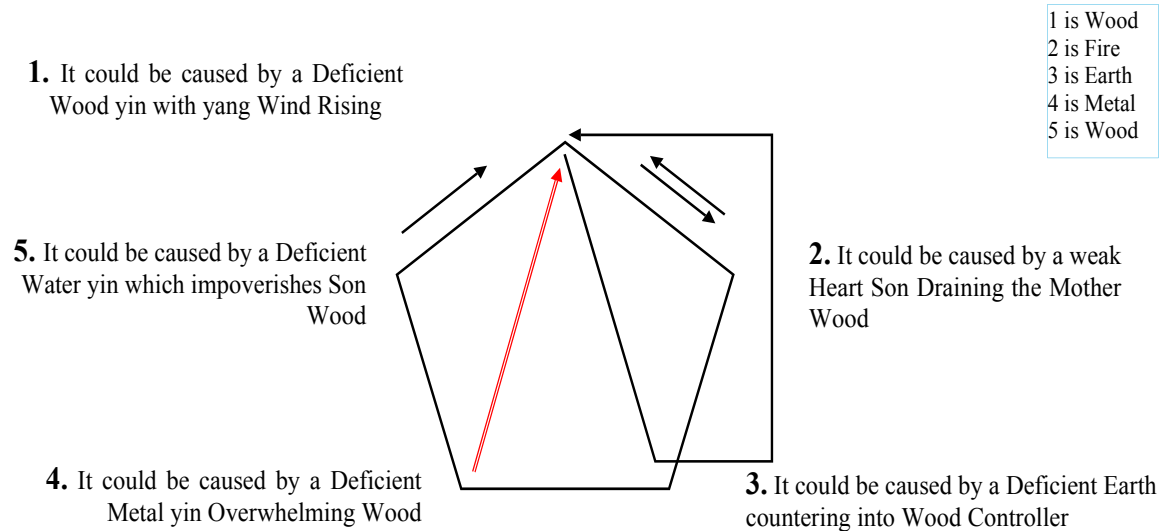
Rationale: The horary circuit is continuous and needles simply levels out flux & ebb in both the channels.

If you don't have your own personal horary 5-shu point locator already, check out the one on: <http://www.acu-free.com/5-Shu.htm>. No special knowledge of horary structure needed to use it. Self containing and easy to use.



“How many sessions do you think I need?”

It is easier to answer this question if one treats by the Design of the illness rather than symptomatically. Suppose a woman with chronic low-grade migraine come to you. Here are the possibilities in 5 element terms:



The 51st Difficult Issue in Nan Ching, discussing the energetics of illness, describes only one of the 5 possibilities above as being the **Destroyer Evil** who cannot be overcome. Can you guess which element could be the cause of a consistent Chronic migraine which responds to treatment of Wood but keeps relapsing? **Check answer on page 4**

What makes for a good word of mouth?

More than anything your ‘bedside manner’ will decide that. Here is a simple Quiz to help you assess where you stand. Simply check an item, which most describes you. If it does not, leave the check area blank. Finally add all the checks, enter total and read appropriate Score Panel.

Reading Score Panel

- If you scored between 5 to 7 you are the proverbial heaven born Healer without compare.
- If you scored between 3 and 4 you stand at average and can do better with more effort.
- If you scored between 1 and 3 boy does someone need to work at being studiously amiable!

Quiz

- You are invariably gentle of speech and manner with your patients.
- You consider your needling technique to be almost painless.
- You keep your cool even when aggravated or upset by the patient.
- You are certain of the boundaries with the patient & always keep these.
- You always well enough and in harmony within, to treat someone else.
- Your patients never report being drained after a treatment.
- Do you always explain a new patient what the treatment will feel like?

Add checks, find appropriate Score Panel, & read result

Is that a Kaposi's Sarcoma you are handling?

This is a skin lesion peculiar to AIDS and can in early stages be easily missed, or be mistaken for something else, with obviously disastrous implications.



A 2-hour Home Study Course audio book style explains various stages of the skin lesion, running in tandem with visuals in a workbook taken from actual AIDS cases.

For details please visit: <http://acu-free.com/>

Or Call toll free Toll free 1.888.TRU.SELF <878.7353>

CE Corner

Florida Acupuncturists

Check out State Board Approved Home Study Courses listed on CE Broker on:

<http://acu-free.com/FLCEPage.htm>

NCCAOM Diplomates & other States

Check out Approved Home Study Courses listed on:

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Check out State Board Approved Home Study Courses on:

<http://acu-free.com/CaliforniaCECourses.htm>

Maryland Acupuncturists

Check out State Board Approved Home Study Courses on:

<http://acu-free.com/MarylandCEUPage.htm>

In coming Issues

- ✓ Emotional healing: we will begin a series on 5 E etiology, pathology, treatment & prognosis using clinical examples you are likely to see in practice
- ✓ Face diagnosis: we have an extensive database of images collected over decades which we would like to share with you
- ✓ X-Ray plates: we will bring you fine plates from world renowned hospitals in Europe which explain everything from a pneumothorax to a skewed cranium
- ✓ What is your best aptitude as a healer? Discussions on birth number grids
- ✓ What is the role of Medical Palmistry in Traditional Diagnosis?

The editorial staff

The Bulletin is the work of acupuncture professionals like you with an aptitude and experience in journalism, reportage, screenwriting, and movie making. The same team also creates state of the art workshops on DVD and audio CD as well as highly clinical workbooks.

In conclusion

We hope you have found this Bulletin informative and will enjoy the coming issues.

If you would like to comment on the Bulletin or have ideas on topics please write to drholmes@cox.net

